The SAHE application for the Fall of 2014 is now available at
www.sahe.colostate.edu under prospective students tab. The application deadline is Thursday, January 2, 2014. If you have general questions about the SAHE program, please email: SAHE@colostate.edu.

Thank you for your interest in the SAHE Graduate Program at Colorado State University. We would like to keep you up-to-date on the SAHE program by sending you our monthly eNewsletters. Additional information on the program can be found on the SAHE website.

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Student Contact: Chris Carter, SAHE ’14
Christopher.carter@colostate.edu

Student Profile: Niamh O’Shea, SAHE Class of 2015

Hello! My name is Niamh O’Shea. I am a first year student in the SAHE program, as well as the graduate assistant in leadership programs in the Student Leadership, Involvement, and Community Engagement (SLICE) Office. Originally from Ottawa, Ontario, I graduated this spring from Carleton University, Canada’s capital university. Having now been in Fort Collins for just over a month, I can say with certainty that the SAHE experience is exceeding my expectations in every way. While my decision to attend CSU was based on my confidence that the SAHE program would be a great fit for me to engage in the intellectual and professional development I was looking for, I could not have predicted the impact that the program’s holistic approach to growth and emphasis on supportive community would have on my learning. SAHE is a true theory-to-practice program. My assistantship, which includes developing and implementing programming as well as staff supervision, does not just supplement my classroom experience through practical application, but actually changes the way I process the material. Learning within a cohort model also means that I don’t develop my skillset through my own experiences alone; I draw knowledge, connections and strengths from the experiences of 23 amazing community members as well. In the next year, I’m really looking forward to expanding my competencies further through practicum selection, becoming more involved with the SAHE student organizations, and engaging in the multitude of opportunities available on this vibrant campus. I can’t wait to see what this journey will bring next, and look forward to making the most out of my time living and learning in Fort Collins!

Student Profile: Joey Kimes, SAHE Graduate Class of 2013

Hey everyone! My name is Joey Kimes, and I am a 2013 graduate of SAHE. This past July I began my first full-time position as the Assistant Director of Student Activities for Programming and Leadership at Creighton University. For the programming portion of my job, I advise the Program Board, a part of Creighton’s student government aimed at providing fun and educational events for the entire campus. On the leadership end, I advise the Freshman Leadership Program (FLP), which is a group of 60 first-year students participating in a series of activities aimed to foster growth and leadership development. Along with that, I facilitate four different leadership workshop series, including one on masculinity. It’s crazy to think that just two years ago I was beginning my SAHE journey, and over the course of that time accumulated more knowledge than I ever could have anticipated. Each of the classes sticks with me in different ways as I keep learning more about my responsibilities, and the practical experiences I was afforded via my assistantship in Corbett and working with RHA/NRHH make no curveball too daunting to tackle. What I appreciate most in my brief time post-SAHE is the continued support from all those—faculty, co-workers, and cohort mates—I was lucky enough to learn from along the way as I transitioned to the professional world.
This summer I worked at Nova Southeastern University in Fort Lauderdale, Florida. I had the opportunity to develop a programming curriculum for Rolling Hills, a graduate residence hall which is home to the law and health profession themed communities. While at Nova, I conducted research by interviewing student affairs professional who worked with law and health profession themed communities at other institutions. Not only did I gain valuable research experience, I also networked with student affairs professional in administrative positions at other institutions. In addition, I got the chance to immerse myself in the diverse state of Florida, eating authentic cuisines and interacting with students from various backgrounds. The diversity was surely a highlight of my experience in Florida. This experience gave me the chance to learn how a different Residence Life Department operates and allowed me to establish a tangible document for my portfolio.

This summer I interned with Upward Bound, a federally funded TRiO Program serving primarily low-income and first generation college students, at Castleton State College in Castleton, VT. I lived in a residence hall with 46 high school students from Sunday-Friday, providing mentorship, academic and career counseling, and supervising undergraduate mentors in their efforts to help the students enhance their ability to succeed in high school and see college as a feasible option. I co-taught 2 courses, assisted students with their internship placements, and also planned Parent Night workshops and activities. This incredible experience helped me discover my passion for working with this student population, and inspired me to seek out similar positions after graduation!

This summer I got the privilege to serve as an ACUHO-I Intern in the Department of Residence Life at Loyola University Chicago. This internship provided an opportunity for me to gain experience in a functional area I wasn’t getting experience in through SAHE while also working at a private Jesuit school. My internship gave me the opportunity to participate in the day-to-day summer operations within the Department of Residence Life, including long- and short-term departmental planning and projects. Some of the projects I was able to work on were planning for student staff training and senior staff training, conduct, assisting in learning community curriculum, assessing professional development for graduate students and other operations of summer housing. This experience was not only a great professional experience, being able to learn and practice the values of a Jesuit institution, it was also an amazing personal experience to spend a summer in a large, diverse city and being able to explore the city every weekend. This summer was one of the best summers of my life and it’s because I was able to be at Loyola and live in Chicago! Even though the city changed me in so many ways, I will never be a Chicago Cubs or Bears fan… Go Rockies and Go Broncos!!

2013 Summer Practicum Experiences
This summer I had an awesome opportunity to work with the academic and student services staff at INTO CSU creating a new mentoring program for international students enrolled in INTO CSU’s General and Academic English (GE and AE) Language Programs. I really wanted to learn more about the international student experience and the process of creating support programs for international students to meet their unique needs. Completing a practicum with a brand new campus organization was a little daunting and there wasn’t much structure, but it turned out to be a fantastic learning experience. I am so glad I took a chance and stepped outside of my comfort zone! I was directly involved in every aspect of program development, from creating the program title, description, goals, learning outcomes, and requirements for LINK mentors to participating in interviews of potential LINK mentors and planning the curriculum for LINK workshops. Through this practicum, I was able to completely integrate with INTO CSU’s Student Services team to learn about the various ways they support and challenge INTO CSU students. I also learned a lot about the academic and student affairs partnership within the INTO CSU organization and how staff members build bridges with each other to create empowering student experiences that promote learning, engagement, and success. One of my favorite aspects of this practicum was participating in the Conversation Partners (CP) program where I got to meet and interact with AE students enrolled in INTO CSU’s Listening/Speaking English classes. Engaging in cross-cultural communication with international students gave me insight into the challenges international students face in their transition to studying in the U.S. I will definitely continue participating in CP this year!

Since the early ‘90s, the Student Affairs in Higher Education (SAHE) graduate students at Colorado State University have produced the Journal of Student Affairs. The Journal welcomes submissions from current SAHE students, faculty, and alumni, and higher education professionals both nationally and internationally. The goal of the Journal is to further the student affairs profession through academic research and writing that reflect national and international trends within higher education. The Editorial Board consists of four Managing Editors serving as mentors to four Associate Editors and two faculty advisors. Members from both cohorts have the opportunity to be involved as content readers during Reader Board Day! The Journal gives SAHE students the opportunity to develop editorial skills, find comfort with APA writing, improve their writing, and enhance their academic knowledge of student affairs.

Marjorie Moss, SAHE Class of 2014